

# **Stanwood-Camano Community Resources and Support for Students**

## **Stanwood-Camano School District Resources**

### **High School Resources**

- Stanwood High School Counseling Department (360) 629-1330
- Lincoln Hill High School Counselor (360) 629-1340
- High School Nurse (360) 629-1300 ext: 2207 or 5240
- Family Support Specialist and McKinney Vento Liaison (360) 629-1392
- Student Support Advocate (360) 629-1300
- \*Catholic Community Services Counselor Available please contact School Counselor for referral
- \*Integrated Cognitive Therapies Program please contact School Counselor for referral

### **Middle School Resource**

- Port Susan Middle School Counselor (360) 629-1360
- Stanwood Middle School Counselor (360) 629-1350
- Lincoln Academy School Counselor (360) 629-1340
- Family Support Specialist and McKinney Vento Liaison (360) 629-1392
- SMS/PSMS Student Support Advocate (360) 629-1350 ext 3147
- \*Catholic Community Services Counselor Available please contact School Counselor for referral

### **Elementary School Resources**

- School Counselor available at Stanwood Elementary (360) 629-1250 and Twin City Elementary (360) 629-1270
- Youth Drug and Alcohol Counselor (360) 629-1309
- Family Support Specialist and McKinney Vento Liaison (360) 629-1392
- \*Catholic Community Services Counselor Available please contact School Principal for Referral

## **Community Resources**

### **Information and Resources**

- General Information and Referral 211
- Teen Link 6-10 p.m. (866)833-6546
- C.H.A.L.K.'s National Youth Talk Line (888) 977-3399
- National Runaway Safeline (800) 786-2929
- GLBT National Youth Talk Line (800) 246-7743
- Recovery Helpline 24/7 (866) 789-1511
- Providence Sexual Assault (425) 252-4800

### **Counseling Resources**

- Sunrise Community Mental Health, Counseling services, Stanwood (360) 926-8490
- Awareness Healing Arts, PLLC – Stanwood, Aaron Mitchell, MS, LMHCA, NCC Personal, Couples & Family Counseling, Wilderness Therapy (425) 220-6079
- Spirit Ridge Counseling, Camano Island Leslie Asplund 425-508-1262, Kurt Asplund (425) 508-1263 [www.spiritridgecounseling.com](http://www.spiritridgecounseling.com)
- The Everett Clinic, Stanwood or Smokey Point (425) 339-5453

- Shifa Health Psychiatric Assessment and medication management, Mount Vernon (360) 336-6868
- Skagit Behavioral Health counselors available in Mount Vernon & Burlington  
<http://skagitbehavioralhealth.com/> (360) 242-0400
- Access Line Schedules mental health appointments if Apple Health/Medicaid eligible (888) 693-7200
- Affordable Counseling Counseling for those with no insurance (425) 778-5544  
[www.myaffordablecounseling.com](http://www.myaffordablecounseling.com)
- Catholic Community Services Counseling, case management, med management for all kids accepts Apple Health/Medicaid (425) 257-1621 [www.ccsww.org](http://www.ccsww.org)
- Compass Health Provide a full continuum of outpatient care for kids includes counseling, med management. Accepts Apple Health/Medicaid and sliding scale. Smokey Point (425) 212-3900  
[www.compasshealth.org](http://www.compasshealth.org)
- Counseling Centers of North Puget Sound, Mount Vernon and others (360) 568-8737

### **Family Support**

- Davis Place 9612 271st NW, Stanwood (360) 629-5257 [www.stanwoodcamanoresources.org](http://www.stanwoodcamanoresources.org)
- Stanwood-Camano Food Bank Weekend Backpack program provides weekend food for students (360) 629-2789 [hopebackpack@scfbs.org](mailto:hopebackpack@scfbs.org)
- Dawson Place Child Advocacy Center for sexual abuse, (425) 388-7497 [www.dawsonplace.org](http://www.dawsonplace.org)
- OPS Survivor-led support groups and other services for prostituted persons (206) 988-5463  
[www.seattleops.org](http://www.seattleops.org)
- Within Reach Helping families get food, vaccinations, apply for health insurance, etc. (800) 322-2588  
[www.withinreachwa.org](http://www.withinreachwa.org)
- Domestic Violence Services 24 hour hotline, DV support groups , advocacy, (425) 252-2873
- At –Risk Youth Petition (425) 388-7800, #7
- TeamChild Legal Advocacy for Youth (425) 258-3132
- Stanwood-Camano Suicide Prevention and Awareness - Information, support group, and education  
[www.scsuicideprevention.org](http://www.scsuicideprevention.org)
- Hopelink Transportation to medical appointments [www.hope-link.org](http://www.hope-link.org)
- Familias Unidas Latino Resource and Referral Center (425) 513-2880 [www.familysupport.lcsnw.org](http://www.familysupport.lcsnw.org)

### **Medical**

- Safe Harbor Free Clinic 7209 265th Suite 203, Stanwood (425) 870-7384  
<http://www.safeharborfreeclinic.org/>
- Planned Parenthood Reproductive health care, Everett (425) 339-5220 [www.plannedparenthood.org](http://www.plannedparenthood.org)
- Children's Hospital Inpatient psychiatric support and eating disorder clinic (206) 987-2000
- Fairfax Hospital Inpatient psychiatric hospital for kids (425) 284-1706 [www.fairfaxbehavioralhealth.com](http://www.fairfaxbehavioralhealth.com)
- Apple Health (Medicaid) Coverage, Washington State Health Care Authority [www.hca.gov](http://www.hca.gov) 1-800-562-3022

### **Housing**

- Cocoon House Housing for homeless teens, advocates for teens, parenting classes, support group and counseling (425) 259-5802 [www.cocoonhouse.org](http://www.cocoonhouse.org)
- Oasis Teen Shelter Mount Vernon Housing for homeless teens, advocates for teens, parenting classes, support group and counseling (360) 419-9058 <http://www.skagitymca.org/oasis-teen-shelter>
- Friends of Youth Housing for youth (206) 236-5437 [www.friendsofyouth.org](http://www.friendsofyouth.org)
- Safe Place Safe housing for kids 12-17 in crisis (800) 422-8336 [www.nationalsafeplace.org](http://www.nationalsafeplace.org)

## **Parenting Support**

- Cocoon House Project SAFE free parent consultations for 90 minutes with a counselor, support group and parenting classes (425) 317-9898 [www.cocoonhouse.org](http://www.cocoonhouse.org)
- Parent Help 123 [www.parenthelp123.org](http://www.parenthelp123.org)
- CHANGES Support Group Network for Parents (360) 653-5464 [www.cpsn.org](http://www.cpsn.org)
- PFLAG Parent and friend group of lesbian and gay kids (425) 252-5927
- National Association for Mental Illness (NAMI) Advocacy, training and support groups for a family member of a loved one struggling with a mental illness (425) 347-5365 [www.namishomishcounty.org](http://www.namishomishcounty.org)

## **Crisis Services**

- Access Line Call to ask for a designated mental health professional to be dispatched to assess a kid for voluntary or involuntary treatment. This number also can help set up an initial assessment and counseling. (800) 747-8654; (425) 388-7215
- Care Crisis Response Service Triage Line Open 24/7 to discuss crisis related needs. (800) 584-3578; (425) 258-4357
- Crisis Chat (5 days a week 3-11:30 p.m.) Crisis support via instant messaging [www.carecrisis chat.org](http://www.carecrisischat.org)
- Suicide Prevention Lifeline Support for someone who is struggling with suicide thoughts. (800) 273-8255
- Child Protective Services: To report abuse or neglect of a child. (800) 562-5624
- Protection Order Programs (425) 388-3638
- Access Line Schedules mental health appointments if Apple Health/Medicaid eligible (888) 693-7200
- National Runaway Hotline (800) 789-2929
- The Trevor Project Providing crisis and suicide services to lesbian, gay, bisexual, transgender and questioning youth. (866) 887-3867